



### Talking Tweens

**A Parents Building Solutions program for parents of children aged 8 to 12 years**

**Do you want to:**

- Improve relationships with tween?
- Deal with anger and anxiety?
- Talk so your kids will listen?
- Have family rules that work?
- Deal with family conflict?
- Feel more confident as a parent?

**When:** Monday evenings (6 sessions) Mon  
1st August to Mon 5th September

**Time:** 7.00 pm - 9:00 pm

**Where:** Online via Zoom.

**Cost:** Free of charge for parents in the  
Eastern Suburbs of Melbourne

**Enquiries:** [sharon.muir@anglicarevic.org.au](mailto:sharon.muir@anglicarevic.org.au)

[Click here to register for Talking Tweens](#)

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## Dads Matter

**A Parents Building Solutions program for fathers of children aged 0 to 18 years**

**Are you a dad who wants to:**

- Better understand your importance in your child's life?

**When:** Mondays (6 evening sessions)  
8th August - 12th September 2022

**Time:** 7.00pm to 9.00pm

**Where:** Online - Via Zoom

- Have agreements that work?

**Who:** Dads

- Further develop your relationship with your young people?

**Cost:** Free of charge for parents in the Eastern Suburbs of Melbourne

**Enquiries:** 9721 3629 or 0400 866 495

- Get your head around what they need from you?

[Click here to register for Dads Matter](#)



## Talking Teens

**A Parents Building Solutions program for parent of children aged 13 to 18 years**

**Are you a parent who wants to:**

- Improve relationship with your teen?
- Improve family communication?
- Deal with family conflict?
- Understand why young people behave the way they do?
- Learn effective ways to deal with anger and anxiety?

**When:** Tuesday evenings (6 sessions)

**Dates:** Tue 19 July to Tue 23 August

**Time:** 7.00 pm - 9:00 pm

**Where:** Online via Zoom

**Cost:** Free of charge for parents in the Eastern Suburbs of Melbourne

**Enquiries:** [sharon.muir@anglicarevic.org.au](mailto:sharon.muir@anglicarevic.org.au)

[Click here to register for Talking Teens](#)



## Living with Autism

### For parents and carers of children with autism

Are you a parent or carer of a child who has a diagnosis of autism?

This free 6-week parenting program is an opportunity to ask questions about the autism spectrum.

We will support you to consider different strategies to help with parenting.

**When:** Tuesday evenings (6 weeks)

**Dates:** 26th July - 30th August 2022

**Time:** 7:00 to 9:00pm:

**Where:** online - via Zoom

**Cost:** Free of charge for parents in the Eastern Suburbs of Melbourne

**Bookings and**

**enquiries:** [Joanne.Templeton@anglicarevic.org.au](mailto:Joanne.Templeton@anglicarevic.org.au) or phone 0428 296 573

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