

# FOOTY CLINICS

In the lead up to footy finals, each and every student from Prep to Year 6 were afforded the opportunity to participate in a footy clinic. These clinics were held with coaches from AFL Victoria. Students learned how to handball, kick, work together as a team and footy octopus. As a reward for participating, Mr. O' used a number generator program to randomly select a student's name. This student then won a footy for him/herself. Many thanks to AFL Victoria and the Positive Start Program for offering this opportunity to participate. St. Mary's students in Year 1 were also lucky to have some footy coaching provided by Year 12 Parade College students and their teacher Mr. Ben Shelton. Many thanks to Ben and his team of superstars.



# TENNIS PROGRAM

During Term 3, Years 4 & 6 have been exposed to the game of tennis. Under the coaching of Craig from St. Mary's Tennis club and through the Positive Start Active Program, students have been engaging in teamwork, working on different skills and demonstrating the ability to play forehand and backhand shots and participate in a rally. Students demonstrated an awareness of how employing good tactics and strategies can assist their performance. A huge thank you to Craig for his time and expertise and demonstrating how fun and enjoyable is the game of tennis.



# HOCKEY

During Term 3, Preps, Years 2, 4, & 6 have been exposed to the game of hockey. Under the coaching of Carol and Colin from Greensborough Hockey Club, students have engaged in teamwork, working on different skills and demonstrating the ability to control a ball using appropriate techniques. Participation in games following basic rules and scoring systems, developed and enhanced their basic understanding of the game of hockey. The students demonstrated an awareness of how employing good tactics and strategies can assist the team's performance. All equipment was provided by the Greensborough Hockey club and great fun, pleasure and enjoyment was had by all participants. A huge thank you to our coaches Carol and Colin and all at Greensborough Hockey Club.

## GREENSBOROUGH HOCKEY CLUB NEWS UPDATE

GREENSBOROUGH HOCKEY CLUB ARE running free hockey in Term 4 at our club – details are below plus attached

Free hockey development program, Great opportunity to learn more skills, Enjoy playing sports

Registrations required <https://bit.ly/term4hockey>

This a free introductory 'come & try' program for primary school children with little or no prior hockey experience. Each session we will demonstrate the basic skills needed to play a game of hockey, each session will conclude with everyone playing a small fun game of hockey. Hockey sticks and shin guards are available for each session.

Tuesday evenings 5.30pm to 6.30pm 4 October until 13 December (except Melbourne Cup day).



# LAWN BOWLS

For 4 weeks throughout Term 3, students in Prep and Year 2 were able to experience the game of Lawn Bowls through coached delivered sessions from Bowls Australia. Coaches Stephen and George introduced all the students to Bowls. For some, it was their first time playing or even hearing about bowls. Students were shown how to release a lawn bowl from their dominant hand, how to judge the pace on their bowl and identified the reasons why a weight is inside a bowl. Due to the fact that weather conditions were not favourable for outside sessions, Preps and 2's participated in the indoor bowls program-Rookie Rollers. It was a fantastic enjoyable experience for all who participated.



# Banyule & INM Division Athletics Carnival

On Wednesday September 7th 2022, 38 students from St. Mary's, travelled by bus, under staff supervision, to Meadowglen International Athletics Stadium in Epping, to compete in the annual Banyule & INM Division Athletics carnival. Boys and Girls in 9/10, 11 and 12/13 year old age groups participated against numerous other competitors and all performed admirably. St. Mary's athletes all produced marvellous performances. Competitors who finished in 1st or 2nd position have qualified for the Northern Metropolitan Region Athletics event. This event will be held at Meadowglen on Wednesday October 12th 2022. Congratulations to the following 9 students - Thomas T (12/13 Boys Shot Put), Violet H (11 Girls-800m & 1500m), Elouise Di P (11 Girls-Triple Jump), Oliver McK (9/10 Boys Discus) Luke S (9/10 Boys Hurdles) and Mia H, Elina Del P, Alana C & Ana Lucia MacD (12/13 Girls Relay) - who have now qualified for Region Championships. Well done everyone!!



# RESULTS-BANYULE & INM ATHLETICS CARNIVAL 2022

Event	Age	Boys	PLACE	Girls	PLACE
Long	9/10			Lyra W	5th
	11			Sophia B	5th
	12	Archer Parke	3rd	Scarlett M	4th
Shot	9/10				
	11	Jedda W	3rd		
	12	Thomas T	1st	Scarlett M	4th
High	9/10	Luke S	3rd	Adele U	4th
	11	William R	4th		
Discus	9/10	Oliver McK	1st		
	12			Emmerson T	4th
Triple	9/10	Oliver S	5th		
	11	Harminder C	6th	Elouise Di P	2nd
200m	9/10	Hudson A	5th		
	11	Archer L	3rd		
	12	Archer P	3rd	Elina Del P	5th
800m	9/10	1.Luca L-K 2. Hudson A	5th 6th		
	11	James C	4th	Violet H Olivia P	2nd 4th
	12	1 Ethan D	6th	1. Elsa H	5th
1500m	9/10	Luca L-K Jack D	4th 5th		
	11	James C	4th	Violet H Stephanie S	1st 6th
	12	Ethan D.	6th		
Hurdles	9/10	Luke S	2nd	Harper W	4th
	11	Leo Di N	4th	Charlotte McK	4th
	12			Mia H	6th
100m	11A	Archer L	4th		
	12/3A	Marco V	5th	Mia H	3rd
Relay	9/10	Luke S	7th		
	9/10	Lachlan H			
	9/10	Hendrix H			
	9/10	Harry C			
	11	Archer L	5th	Charlotte McK	5th
	11	Leo Di N		Elouise Di P	
	11	William R		Olivia P	
	11	Jordan L		Violet H	
	12	Archer P	6th	Mia H	2nd
	12	Marco V		Elina Del P	
	12	Alessio S		Alana C	
	12	Leo C		Ana-Lucia MacD	