

What did your child learn about at school?

The internet is like a theme park. Both can be amazing, awesome and fun BUT sometimes confusing, scary or worrying.



It's healthy to have a balance between screen time and green time.



Green time can be anything we do that is not on our screens. Examples include sport, dance, riding a bike, reading or even Lego!



We don't share personal information because the internet can be accessed by everyone - and not everyone is a trusted person.



YEARS F-2 TERM 4, 2022

Some conversation starters:

- In what ways is the **internet** like a **theme park**?
- Who are your 5 **trusted adults** you can turn to if something makes you uncomfortable online?
- What are your favourite screen time activities? What are your favourite green time activities?
- What are some things about ourselves we should never share with anyone online? Why not?



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