



CANDIDELLA



*O Christ Jesus, when all is darkness and we feel our weakness and helplessness, give us the sense of Your presence, your love, and your strength. Help us to have perfect trust in your protecting love and strengthening power, so that nothing may frighten or worry us, for, living close to you, we shall see your hand, your purpose, your will through all things. Saint Ignatius of Loyola  
Amen*

# A MESSAGE FROM THE PRINCIPAL

**St. Mary's is a dynamic Catholic community of empowered learners engaging justly in the world.**



Dear Families,

**Dear Parents and Carers,**

## **Reconciliation**

This week our Year 2 students and you, their parents, will further develop an understanding of the Sacrament of Reconciliation. On Tuesday 10th October the Reconciliation Faith Night provided practical experiences of what it means to be reconciled. Thank you for supporting this important faith event. Our prayers are with these children and their family as they grow in their faith journey.

## **Class Groupings**

This week the teachers will be working with the students as they nominate the friends they learn and work well with, to be in their class in 2024. We will be using ClassSolver to create the classes which ensures all students have at least one nominated friend. Please ensure you have spoken with your child's teacher and email me by the end of week 3, if there are any urgent requests for 2024.

## **Italian Day**

Congratulations to our Italian CAT students, Teresa, Oliver G, Olivia P, Sebastian K, Sofia N, Briar W and Maree F who organised a wonderful Italian Day. The students experienced Bocce, Pizza, Tombola and the Tarantella Danza. The parade certainly highlighted a great deal of red, green and white. Thank you to Mel and team for organising the Pizza lunch and gelati for the students. GRAZIE!

## **Working Bee**

The next working bee is on Saturday 14th October. I urge all Year 2 and Year 3 families to save the date to support this important event. The weather is now improving and there will be a great deal of gardening and maintenance to be done. Come and enjoy a BBQ and get together with other families to beautify your child's school. All help is greatly appreciated.

## **St Mary's Community Fair 2023**

Please sign up as volunteers for the Fair. A Google Form has been sent out. We are getting very excited about the Fair in Term 4 but it will only be successful if we have the volunteers to lend a hand and give an hour or two of your time. I ask everyone in our great community to really get on board and support the St Mary's Community Fair on the 25th November. This is going to be a wonderful event. The committee is working diligently to ensure the event is a success. Please speak to any connections you may have in regards to sponsorship as every amount helps raise much needed funds for the school and parish. Please read about this event and how you can assist further in the Candela.





# A MESSAGE FROM THE PRINCIPAL

## **Change to Dismissal Time in 2024**

From Monday 29 January 2024, the maximum scheduled class time (SCT) for teachers under clause 60.4 of the Catholic Education Multi-Enterprise Agreement 2022 (CEMEA 2022) will be: – primary schools – 21 hours per week – secondary schools – 18.5 hours per week. Therefore, to be able to open our gates at 8.30am we will need to dismiss the students at 3.15pm. After seeking advice from the School Advisory Council, I decided that finishing the day earlier was less disruptive for parents than starting the school day later. Parents/carers still have the opportunity to collect their child/ren from 3.15pm until 3.35pm so in essence, there is minimal change. Please see further in the Candela for more details.

## **William St Walkway**

Over the break we constructed a safe walkway from the external footpath into St Mary's. Thank you to Michael and Gary for organising this important infrastructure. A fence has also been erected to ensure clear separation of cars and pedestrians.

## **Prep Welcome Evening**

On Thursday October 19th we will be hosting the Prep 2024 Welcome Evening in the MLC at St Mary's. We are looking forward to meeting all of our new and current families for 2024. That evening we will provide further information about St Mary's. Our families will be able to meet and greet with one another and with Fr Steve, the school leaders, the Prep teachers, the PA Presidents, the School Advisory Council Presidents and the MAD Team president. The night will be a social event just for parents.

## **Congratulations Michelah and Zac**

Congratulations to Michelah F (Prep F) on the birth of Eden. All are well and we wish them every blessing and a lifetime of joy.



# A MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers,

Recently I participated in professional learning in Tasmania on the issue of Mental Ill Health in students and staff. It was a major focus. I was fortunate to listen to many educational experts and listen to the research which influences strategies that can make a difference in the lives of the children in our educational setting. During the holidays both Laurina and I engaged in some of that research by Pasi Sahlberg and William Doyle titled 'Let the Children Play: How more play will save our schools and help children thrive'. One simple way that we can begin to implement the research and support the wellbeing of our students is to provide play breaks more regularly throughout the day. This simple change to the daily schedule will support the mental health and wellbeing of both students and staff.

We are making the shift to shorter, more frequent playtimes for children in order to better support their physical and cognitive development, as well as their overall well-being. This change is based on several key considerations:

- 1. Attention Span and Energy Levels:** Primary Aged children often have shorter attention spans and energy reserves than older individuals. Longer learning times can lead to fatigue and reduced engagement. By offering shorter learning sessions and then play sessions, we ensure that children are more actively involved and attentive during play and learning, maximising the benefits of each session.
- 2. Physical Activity:** Frequent, shorter playtimes allow children to engage in bursts of physical activity throughout the day. This aligns with recommendations from health experts, who emphasise the importance of regular movement for maintaining good health and preventing sedentary behaviour.
- 3. Skill Development:** Children learn and develop important skills through play, including social, motor, and cognitive abilities. Frequent playtimes provide more opportunities for skill-building and practice, helping children refine these skills more effectively.
- 4. Stress Reduction:** Regular short break times can reduce the potential for disengagement or stress that can sometimes occur during longer periods of sedentary learning. Children can be motivated to persist when they know they will be having an imminent break. Staff will be less stressed because they too will have more opportunity for toilet/coffee/tea breaks.
- 5. Variety and Exploration:** More frequent playtimes allow for greater variety in play activities whereby we provide the resources. Children can explore different games, toys, and environments, keeping their play experiences fresh and exciting.
- 6. Transition Periods:** Frequent play breaks can serve as transition periods between different educational activities. They provide a chance for children to reset, refocus, and return to learning tasks with increased concentration.
- 7. Individualised Needs:** Children have varying energy levels and attention spans. Shorter, more frequent playtimes enable educators to better tailor the balance of learning and play to each child's needs and preferences.
- 8. Strengthen Executive Function:** Play enables children to practise and strengthen executive function. Executive function enables children to switch from different activities, stops them from yelling when angry, to delaying gratification and ignoring distractions.
- 9. Engagement:** School should be a child's favourite place. Heikki Happonen Principal In line with our PBL CAT thinking, we want our students to love coming to St Mary's.
- 10. CLASS model:** The previous two hours of uninterrupted Literacy was based upon the CLASS model of teaching Literacy (which we no longer use). It is unreasonable to assume all children can be sedentary for two hours or that teachers teach for two hours without a break. Many teachers have introduced a brain break because they know this to be true.



In summary, the transition to shorter, more frequent playtimes for children is a deliberate and well-considered decision aimed at optimising their physical and cognitive development, as well as their overall happiness and well-being. This approach aligns with our commitment to providing a balanced and developmentally appropriate learning environment where we cater for the individual needs of all children in our care. We are also delighted that lunchtime will now be at a more conducive time for eating lunch.

**This is what the day will look like in 2024:**

<b>Bell Times</b>	
8:30 am	Gates Open
<b>8:50 am</b>	<b>Bell: Roll, Meditation, SEL - Other</b>
9:00 am - 10:00 am	Lesson 1 & Eating Brain Food
<b>10:00 am - 10:15 am</b>	<b>Bell: Recess - Play</b>
10:15 am - 11:15 am	Lesson 2 & Eating Playlunch
<b>11:15 am - 11:30 am</b>	<b>Bell: Recess - Play</b>
11:30 am - 12:30 pm	Lesson 3 & Eating Lunch
<b>12:30 pm - 1:00 pm</b>	<b>Lunchtime Break</b>
1:00 pm - 2:00 pm	Lesson 4
<b>2:00 pm - 2:15 pm</b>	<b>Bell: Recess - Play</b>
2:15 pm - 3:15 pm	Lesson 5
<b>3:15pm</b>	<b>Dismissal Bell</b>

I wanted to provide this to you early so that you can plan appointments and before/after care, etc. in advance.

Kind Regards,  
*Marisa Matthys*  
Principal

# Student of the Week

**Prep F**

**Mason N**

For settling into our classroom, calmly and respectfully, following instructions and making good choices. Keep up the great work!

**Madison S**

For settling into our morning routine calmly and promptly and for following instructions the first time. Well done!

**Prep S**

**Isabella R**

For your outstanding skills as a reader. You continue to work hard everyday and I am so proud of how far you have come this year. Keep it up!

**Holly S**

For having a generous nature and always working hard to include your peers in your activities.

**Prep K**

**Mikayla B**

For beginning the term so positively. Well done for working on your backwards counting and for completing great graphs in our Maths unit. Way to go Mikayla!

**Isla D**

For being a responsible worker. Well done on listening carefully to instructions to complete your work. It has been great to see you working hard on having a go at writing independently. Keep it up Isla!

**1MH**

**Riley**

For beginning the term so positively. You have returned this term with a spark and you are working so hard and with your writing. You were a superstar at swimming! Bravo!

**Ashlea**

For beginning the term so positively. Your dedication to doing your best is so wonderful to see. Your writing continues to improve and you are always so kind to everyone. Brava!

**1ZB**

**Ned W**

For the consistent effort you put into your work. Your determination and persistence are evident. Keep up the wonderful work!

**Olivia B**

Your impressive resilience and positive attitude in the face of challenges makes us incredibly proud. Keep up the fantastic work!

**1B**

**Lasalo F**

For beginning the term in such a positive manner. It is so wonderful to see you blossom in our class and become part of our class family. Well done in already having confidence to read in front of the class. Keep it up!

**Adele S**

For showing such dedication to your work and growing your confidence in every lesson. You are a hard worker and thank you for always helping your classmates. Well done!

**2V**

**Billie S**

For showing such growth in your confidence. It is so wonderful to see you putting your hand up to read in front of the class. Your hard work is continuing to pay off. You're a star Billie!

**Emily J**

For being a respectful and responsible member of our class. You show such dedication to your learning Emily. Thank you for always putting in your best effort. Keep it up!

**2M**

**Lochlan M**

For settling into our class wonderfully. We are very lucky to have you in 2M. You have displayed your respectful manners and you should be very proud. Keep up the amazing work Lochlan!

**Gabriel L**

For showing your manners and respecting your classmates during meditation. You should be proud of yourself. Keep up the great effort Gabriel!

**2B**

**Winnie A**

For making a wonderful start to Term 4 and engaging in your learning tasks with great enthusiasm. You are showing great persistence when completing your tasks!! Well done Winnie!

**Ella R**

For being a very caring member of 2B and supporting others when they ask for your help. You have made a wonderful start this term by asking questions and giving your best when doing your tasks. Well done Ella.

**3P**

**Jimmy T**

For showing confidence and growth through putting yourself forward for a class leadership position. We are so proud of you!

**Alexia S**

For starting the term in such a positive way and bringing a respectful and responsible attitude to our classroom everyday! Well done Alexia.

**3L**

**Luca F**

For showing respect and responsibility in the classroom and being a positive role model for 3L. We are so happy to have you here!

**Lucas F**

For consistently showing respect and responsibility. You are always the first one to follow instructions and begin learning tasks. Well done Lucas!

**3C**

**Isabelle S**

For achieving the role of 3C's Student Voice Committee member. We look forward to having you represent our class. You are a great choice as you consistently model respect, responsibility and safety.

**Maxwell N**

For gaining the role of the 3C Italian ambassador. We all look forward to you sharing our daily weather in Italian and demonstrating your leadership skills as you run our Italian workshops.

**4V**

**Tahli D**

Well done on being an enthusiastic and hard-working Italian Ambassador for 4V last term. Thank you for everything you did to enhance Italian in our classroom. Keep it up!

**Cohen S**

Well done on being a fabulous SVC for 4V. You did a fantastic job representing our class last term. Keep up the great work.



# Student of the Week

**4G**

**Stella T**

For consistently using your time wisely to complete work tasks to the best of your ability. Also, for the way you collaborate with your peers sensibly and offer help to others without being asked.

**Isabella S**

For persisting with difficult tasks within the classroom. Also for working cooperatively with your peers consistently within the classroom. Fantastic work Isabella.

**4L**

**Will Si**

For displaying our school expectations consistently and for being a great role model. Keep it up Will!

**Alessia M**

For demonstrating a positive mindset towards learning and encouraging others to stay on task. Well done Alessia!

**5W**

**Chloe F**

For consistently showing respect by following instructions the first time. You are a great role model for others! Well done, Chloe!

**Levi J**

For continuing to try your best and work hard on your learning goals. Great work, Levi!

**5G**

**Losalia F**

For beginning her time at St Mary's with such a positive attitude and a willingness to learn. You are not afraid to tackle challenges head on. We are lucky to have you in 5G and at St Mary's!

**Finn L**

For his refreshed and determined approach to learning. You have made a considered effort to take on feedback and show growth in the quality of your work. It is wonderful to see your special talents and capabilities shining through.

**5S**

**Darcey T**

For having a growth mindset and taking on challenges with a positive attitude. Keep up the fantastic work!

**Maddy H**

For consistently demonstrating how to be respectful, responsible and safe in the classroom and outside the classroom. You lead by example Maddy! Well-done!

**6W**

**Addison R**

For always making an excellent effort with all your learning and work. You give your best to every task. Keep it up Addi!

**Livia F**

For trying your very best to improve in all your learning. Keep up the great effort, Livia!

**6V**

**Junah D**

For regularly contributing to our whole class discussions and approaching all your learning tasks with a positive attitude. Keep up the great work Junah!

**Archer L**

For making a fantastic effort with all your learning. You always put so much effort in and give your best to every task. Keep up the great work Archer!

**6L**

**Teresa L**

For your leadership in our Italian day. Well done for showing enthusiasm and leadership in your CAT team to encourage all to have a great day. Well done Teresa!

**Summer B**

For the wonderful enthusiasm you continue to demonstrate towards your learning, going above and beyond to complete all tasks. Keep up the work Summer!

**Italian**

**Atticus B, 1MH**

Congratulations on your Italian Day costume! So creative and clever - you wore it well Atticus! Un Ottimo Lavoro!

**The Italian CAT**

The activities on Italian Day ran smoothly thanks to all your great teamwork and enthusiasm. Magnifico!

**P.E.**

**2023 REGION ATHLETICS TEAM**

Congratulations to the twenty St Mary's Athletes who performed magnificently at the Northern Metropolitan Region Athletics Track and Field Championships on Wednesday October 11th. We are extremely proud of your dedication, determination and commitment to perform at a very high level of athletics.

**Visual Art**

**Audrey J 4V**

For being a wonderful role model in the Art room. You are always attentive to instructions and productive with your work time. It's wonderful to see your creativity shine through, Audrey.

**Zoe G 3P**

For sharing your understanding of perspective and applying this to your artwork. Your Free Fall Space collage is looking great. Well done Zoe!

**Performing Arts**

**Banjo M (2V)**

For showing a random and helpful act of kindness to a fellow student in Performing Arts.

**James C (6L)**

For showing great respect and forgiveness in Performing Arts. Keep up the great spirit, Jimmy!

**Science & Digi Tech**

**Alexander A, 2B**

For working consistently hard to complete your learning tasks and for sharing your amazing understanding during our science discussions. Excellent work Alexander!

**Annie S, 2M**

For your wonderful contributions to our class discussions and for demonstrating enthusiasm during your scientific investigations and experimentations. Fantastic work Annie!

# School is better when your child is here

Going to school every day is the most important part of your child's education. There are no safe number of days for missing school – each day a student misses puts them behind and can affect their educational outcomes and their social connectedness. The best thing you can do is support your child to get to school every day.

A positive attitude towards school, healthy habits and routines, and parental involvement can support your child's regular school attendance and prevent chronic absence patterns.

When your child misses just... they miss



5 mins  
per day

=



3 days  
per year

When your child misses just... they miss... and over



1 day  
per fortnight

=



4 weeks  
per year

= 1 year missed  
over their school life

When your child misses just... they miss



30 mins  
per day

=



18 days  
per year

When your child misses just... they miss... and over



1 day  
per week

=



8 weeks  
per year

= 2.5 years missed  
over their school life

Adapted from material © State of New South Wales (Department of Education), 2023

## 1. Establish positive habits to promote attendance

- Set good bedtime and morning routines to make the process of getting to school smoother for everyone. Try to prepare as much as possible the night before, e.g. school uniform, school bag packed.
- Ensure your child gets enough sleep and exercise to support their physical and mental health.
- Talk positively about the importance of school attendance with your child. Explain that it is an important part of growing up, a legal obligation and that you expect them to attend every day.
- Show an interest in your child's school and become involved where possible. Keep notes, newsletters, etc. in a place where they are visible reminders of school news for the whole family. Talk about school activities in a positive manner.
- Discuss any changes to usual routines in advance with your child, such as alternative drop-off and pick-up arrangements, to ensure clarity and minimise anxiety.

## 2. Changes in your child's attitude towards school

We all have those days when it is just too hard to get up and feel motivated to go to work or school, but if this occurs regularly, it may be a sign that your child needs support. Early intervention is vital to address physical, emotional or social reasons for school avoidance before it progresses to chronic absence problems and on to school refusal.

### Signs of school avoidance to look out for

- feeling sick before school, e.g. waking up with a headache, stomach-ache or sore throat
- tearfulness, clinginess and dawdling before school – struggling to get out of bed, leave the house or get out of the car
- complaints about attending school and reluctance to talk about school
- missing classes and being late for class.

### What is happening at school?

Early signs of school avoidance may be identified at school through observations and insights by your child's teachers. Work in partnership with the school to support your child's attendance and wellbeing.

## Further Resources

[Anxiety about going to school](#) – Victorian Government

[Attendance and missing school](#) – Victorian Government

[How can I get my teenager to school?](#) – Victorian Government

[Early Signs of School Avoidance/Refusal](#) – Travancore School

[Tips for Promoting School Attendance](#) – Travancore School

[Understanding School Avoidance and School Refusal](#) – Travancore School

[School refusal: children and teenagers](#) – Raising Children Network

[Understanding school refusal](#) – Headspace

[School refusal](#) – Be You

[Everything you need to know about school refusal](#) – ReachOut

## 3. What can you do when you see the signs?

- Work with your child to understand what is happening and so that they feel supported and empowered. Listen with compassion but be consistent in expectations.
- Speak with your child's teacher(s) about your concerns.
- Consider taking your child to the GP to rule out or address any physical or emotional health problems.
- Request and attend school meetings with your child and their teacher to develop strategies to support increased attendance.



Melbourne Archdiocese  
Catholic Schools



# Fun and Italian Day

Big thank you to Zach from yr 6 for taking outstanding photographs! You should be proud of the wonderful photos you took!









# Vic Futsal

On the 25th - 27th of September we had the amazing opportunity to represent Victoria Under 12's in the National School Futsal championships. We were a bit nervous because we were playing up an age group.

We played two games a day for three days. Across the tournament, Archer scored 3 goals and Isaac scored 2. Archer's best goal was dribbling past two players and nutmegging the goal keeper (that means the ball went through the goal keeper's legs). Isaac's best goal was when his teammate Lewi crossed the ball and the fast reaction of Isaac's quick right foot smashed the ball, flying into the top right corner of the goals. There was an amazing assist by Isaac crossing the ball to Archer who, with a swift right foot kick of the ball, pushed it straight past the keeper into the back of the net. It was awesome teamwork from a dynamic duo.

Our coach Justin helped us progress our skills and we improved a lot over the tournament. We just missed out on the quarter finals because of a contentious goal on the whistle. After giving it our all, we went to the presentation night at Dreamworld! No one on our team was able to win anything special at the presentation, but we all knew we had done the best we could.

After the presentation, we went on a few rides together as a team. Archer was all for going on the biggest roller coaster in the theme park - the Steel Taipan, but everyone else was too scared to go on it. The day after the tournament, Archer had some fantastic news... he had been asked to represent Australia for a Futsal tour in Malaysia. Unfortunately the trip costs a lot, so he probably won't be able to go but he is very proud to be given this offer.

Overall, this was a great and fun experience and we hope to do it again next year.  
Written by Archer R. & Isaac F., 5G





# NORTHERN METROPOLITAN REGION TRACK & FIELD CHAMPIONSHIPS 2023

On Wednesday October 11th 2023, 20 students from St. Mary's, travelled by bus, under staff supervision, to Meadowglen International Athletics Stadium in Epping, to compete in the annual Northern Metropolitan Region Track and Field Championships. Boys and Girls in 9/10, 11 and 12/13 year old age groups participated against numerous other competitors. The weather was fantastic as all St. Mary's athletes produced marvellous performances, taking home medals of all colours-gold, silver and bronze (11 medals in total) and congratulations to all of the St. Mary's students. Athletes who finished first or second have now qualified for State Track and Field Championships on November 1st in Lakeside Stadium, Albert Park. Well done and best of luck to Harry C from 4V, Luke S from 6V and Violet H from 6L. Harry in High Jump, Luke in Hurdles and Violet in 1500m, will represent St. Mary's in Albert Park. Many thanks to the parents, caregivers and family members who were present at Region to cheer on their child-it was very much appreciated.







# Results

Event	Age	Boys	PLACE	Girls	PLACE
Discus	11	Oliver McK	7th		
Triple Jump	9/10			Billie Dean	13th
High Jump	9/10	Harry C	2nd		
800m	12/13				
1500m	12/13			Violet H	2nd
Hurdles	9/10	Harry C	4th		
Hurdles	11	Luke S	1st	Layla H	8th
100m	11	Luke S	4th		
200m	12/13			Paige P	12th
Relay	9/10	Harry C	3rd		
		Oliver S			
		Juliano S			
		Leo C			
Relay	11	Cooper A	3rd	Adele	6th
		Luca L-K			
		Oliver G			
		Luke S			
Relay	12/13			Calista Di N	7th

Best of luck to Violet H in Year 6 who, next week, will participate in the 12 years and under Girls Soccer Tournament representing Victoria. This is Violet's second year in making the School Sport Victoria State Soccer team. All at St. Mary's wish her the best of luck. Luckily for Violet, the tournament is being held locally here in Melbourne at the new home of the Matildas in Bundoora. If you are available and interested in going to watch a game or two that involves Violet, please see fixtures below:

Monday October 16th @ 10.45am VIC Navy v NT and @ 3.45pm Vic Navy v QLD

Tuesday October 17th @ 11am Vic Navy v ACT and @ 4pm Vic Navy v NSW

Thursday October 19th @ 12noon VIC Navy v SA and @ 5pm VIC Navy v VIC White

Friday October 20th @ 12noon VIC Navy v WA





Saturday 25 November, 10am-3pm  
210 Grimshaw St, Greensborough 3088

## Sponsorship opportunities

St Mary's new Community Fair has something for the whole family - inflatables and rides, market stalls, a bar, food, plant sale, art, live entertainment, books and even camels!

It's our first event since 2019 and our big school, parish and extended local community are really excited about it.

We would love you to get involved in any way you can.

Showcase your business to 1000s of people with one of our Community Fair Sponsorship packages.

Sponsoring St Mary's Community Fair will benefit your business, in terms of added visibility and by building positive associations with the local community - both of which contribute to the long-term success of your business (and our Community Fair!)

From funding a raffle prize or sponsoring a stall or activity, to larger financial donations - we have a sponsorship level to suit your size business.

Get in touch to find out how you can sponsor St Mary's Fair, promote your business and help make this an awesome event for our whole community at:

[patreasurer@smgreensborough.catholic.edu.au](mailto:patreasurer@smgreensborough.catholic.edu.au)

*Thanks for your support...*







# DONATIONS REQUIRED

We are seeking donations for prizes and activities for the Community fair.

Each year level has been allocated specific items but we are calling on the whole community to donate a block or bag of chocolates (eg. Mars bars, M&Ms), for our very popular chocolate throw.



## We are also seeking prizes for Arcade Alley

Prize ideas- toys (including soft, new or near new), games, trading cards, confectionary, clothing, novelty items, sporting gear, stickers, drink bottles, lego, board games, key rings etc.







# DONATIONS PREP

Prep- Glitter, Sequins, Plain wrapping paper, hair accessories



Each class will have a tub in their room for all donations.  
There will also be a tub in the office foyer.



# DONATIONS 1/2

Grade 1/2- coloured hair spray, kids jewellery and accessories and nail polish (these can be already opened)



Each class will have a tub in their room for all donations.  
There will also be a tub in the office foyer.





# DONATIONS

## 3/4

Grade 3/4- Empty Pot plants (jars also welcome- it would be great if labels can be removed), Nail polish (these can be already opened), facepaint, facial wipes, and hair accessories.

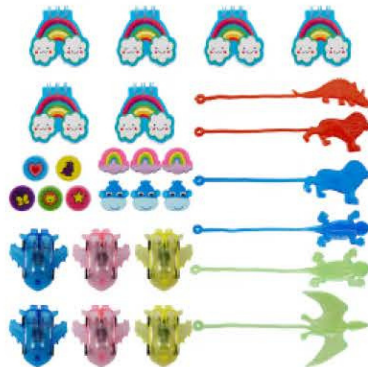


Each class will have a tub in their room for all donations.  
There will also be a tub in the office foyer.



# DONATIONS 5/6

Grade 5/6- beads and charms for necklace and bracelet making, hair ties, small novelty items for prizes



Each class will have a tub in their room for all donations.  
There will also be a tub in the office foyer.



# THE COMBINED CATHOLIC PARISHES RAFFLE 2023 ALL NEW KIA PICANTO TO BE WON!!!



**1<sup>st</sup> PRIZE!!**

All New 2023 Kia Picanto S Auto valued @ \$19,890 Drive Away

- \* 1.4ltr Auto
- \* Rear parking sensors
- \* Cruise control
- \* Wireless Apple CarPlay & Android Auto
- \* 7 Year Unlimited km warranty
- \* Reverse Camera

**2<sup>nd</sup> Prize – Gift Card to the value of \$5,000**

**3<sup>rd</sup> Prize – Gift Card to the value of \$3,000**

**4<sup>th</sup> Prize & 5<sup>th</sup> Prize - Gift Card to the value of \$1000**

**6<sup>th</sup> & 7<sup>th</sup> Prizes - Gift Cards to the value of @ \$500 each**

## **BUY YOUR TICKETS TODAY!!**

**Available for purchase at the Parish Office ONLY!**

**Parish Office Hours**  
Tues: 10am - 4pm  
Wed: 8am - 12pm  
Thurs: 10am - 4pm

**RAFFLE DRAWN:**

**Saturday December 2nd 2023**

**at Resurrection Keysborough Parish, 7:30pm**

402 Corrigan Road, Keysborough

Any questions, please  
contact the Parish  
Office, 9435 1543

Victorian Commission for Gambling Regulation Permit No – 10175/23

Ticket sales close Tuesday 14<sup>th</sup> November, 2023



**SACRED HEART PRIMARY SCHOOL**

AND



PROUDLY PRESENT

# SACRED HEART FETE

MARKET + CLASSIC CAR SHOW



★ A FUN COMMUNITY EVENT! ★

📍 25 GIPSON STREET DIAMOND CREEK



Find us on 

## SATURDAY 28 OCTOBER ★ 11AM-3PM

MARKET STALLS • CLASSIC CAR SHOW • LIVE MUSIC • BARBECUE

SPOOKY HOUSE • TRICK OR TREAT • FACE PAINTING • SIDESHOW ALLEY • DUNK TANK  
HAIR BRAIDS + FEATHERS • FREE KIDS ENTERTAINMENT • GIANT INFLATABLES

LOLLIES • HOT FOOD • COFFEE • CAKE STALL • DEVONSHIRE TEA • SPINNING WHEEL  
MYSTERY JARS • DRINKS • FREE KIDS CRAFT • ART SHOW • PLUS LOTS MORE...!





# LITURGY OF LAMENT

---

**Everybody is welcome and encouraged to attend this service to express our sorrow for the various forms of abuse perpetrated throughout our church within our own lifetimes.**

**This is a wonderful opportunity for all those affected, either directly or indirectly, to participate in this liturgy that aims to acknowledge the pain that has been felt, and assist with a healing in our communities.**



**Sacred Heart  
Church,  
Diamond  
Creek**



**Thursday 5  
October,  
7:30pm**

# CHESS at

## St Mary's Greensborough

Chess is the original and enduring "thought sport" played throughout the world and has many benefits for young people. These include improved cognitive skills as well as self confidence and resilience. With coaches who rank among the best players in the country our chess programs are tailored to suit the needs of all abilities.

**ENROL  
ONLINE  
NOW!**

**TRIALS  
AVAILABLE!**  
PLEASE CALL TO  
BOOK ONE IN

**THURSDAYS, 11:05 - 11:55 AM**

**STARTS ON 12 OCT**

**\$150 FOR 8 SESSIONS**

**FOR YEARS 1 - 6**

**ROOM: LIBRARY/DISCOVERY CENTR**  
YEARS 4-6: DRAMA ROOM

Scan or click  
the QR code  
to enrol  
online!



**Kids  
Unlimited**

[info@kidsunlimited.com.au](mailto:info@kidsunlimited.com.au)

[www.kidsunlimited.com.au](http://www.kidsunlimited.com.au)

1300 424 377





## Loyola College Art and Design Show

The Visual Arts and Design Technology Areas at Loyola College are proud to present our annual Art and Design Show, which showcases the very talented work of our students from Years 7 -12. The exhibition will be open to the community on Thursday November 2, 2023, from 6pm till 8pm, when you are invited to view the displays and enjoy some refreshments. An interactive art and design workshop will be available for all to experience on the night. The exhibition will be open to school community from October 30, 2023, till November 3, 2023.



# School Closure Dates for 2023

**6 November**  
**24 November**  
**\*15 December**

**\*Staff Handover**

**Camp Australia will be opened on  
these dates, please register [here.](#)**





# 2024

# Save the Date



## Testing Days

## 1st & 2nd February

\*Years 1 - 6, 2024

## School Photos

## 2nd May

\*If a student or staff member is absent on this day, they will be referred to the Photographers Studio for make-up sessions. More details in 2024.



# Newsletter

## We're back for a massive Term 4!

The return to term has begun with fun, social programs that build your child's confidence!



Your OSHC.

[Book now](#)

### A message from your Coordinator

Dear Families & Friends of St Mary's Primary School,

Welcome back to Term 4. It has been great listening to all the children telling us about their holidays. Nicole and I loved hearing about Queensland being a main destination for most and all of the birthdays that were had.

Children are required to wear hats, as also a NO HAT, NO PLAY Policy. If parents could please supply a spare hat to children, to be kept at OSHC, that would be appreciated. Thank you to those who have already supplied one.

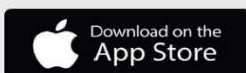
We have some fantastic things coming up in OSHC, one being our 'WORLD PLAY DAY' which kicks off on Thursday the 12<sup>th</sup> of October. What does this mean? We are given time where everyone around the world we will stop and build with Lego at the same time. We are so excited! So please ensure your children are booked in to be a part of this event.

Your Camp Australia Crew,

Wendy and Nicole

### It's free to register

To attend our program, you must register your child. You can register an account with us at [pp.campastralia.com.au](http://pp.campastralia.com.au) or by downloading our Camp Australia smartphone app from the Apple App Store or on



### Activities coming up

- World Play Day  
12<sup>th</sup> October
- Families Afternoon Tea  
31<sup>st</sup> October



### What's on the menu

- Vegetarian Pasta
- Zucchini Fritters
- Avocado Salsa/Corn Chips



### Visit our blog

New articles are added each week for parents and cover various topics to help families.

[Visit our blog](#)



To all our Families at St Mary's Parish Greensborough,

The staff and children from Camp Australia OSHC would like to invite you to attend an afternoon tea from our amazing new menu, that will be prepared by the children with the help from our staff.

We will be showcasing a few of our new recipes from our New Enhancement Menu.

Anyone is welcome to come and enjoy the afternoon tea with our children and staff. It will be a great opportunity for families to experience our amazing room and the fantastic activities with the children.

Date: 31<sup>st</sup> October 2023

Time: 4.00 pm onwards

R.S.V.P: 25<sup>th</sup> October 2023

Please contact staff on 0431 630 835 or email [stmarysgreen@oshccampaaustralia.com.au](mailto:stmarysgreen@oshccampaaustralia.com.au) with the number attending and any dietary requirements.

We are looking forward to seeing you all there.



# 2023 NATIONAL SCHOOLS FUTSAL CHAMPIONSHIPS IN BRISBANE

Over the September holiday period, a large number of St. Mary's students and their families headed north to Brisbane to participate in the National Schools Futsal Championships. Everyone had a fantastic time and going by the reports written by the students below, some outstanding results were achieved.

## U-13 Girls Team

I was excited when I heard I had been selected to represent Victoria in the U13 Girls Futsal team. The National Schools Futsal Championships tournament was held in Brisbane, Queensland over the school holidays. All together we played 8 games over the course of 4 days. During those four days we stayed at a caravan park , with other families also playing Futsal. It was lots of fun. In between games we got to play in the pool, have BBQ's, Play tennis, ride our scooters. Our first game was against Queensland North Coast and we won 7-0, we also won our next two games. We had a couple of losses and a draw. Overall, our team played really well together and we finished 5th in Australia. I was lucky enough to score a goal in one of the games and I really enjoyed making new friends with my teammates. The main presentation night was at Dream World where we were able to spend the night together before we left for home. Over the week I learnt alot about teamwork, to never give up and to always trust yourself and go for it.

*By Olivia P*

## U-8 Mixed Team

During the school holidays, we represented Victoria in futsal. Some of the families drove up to Brisbane together which was lots of fun. We met two other players named Isaac and Aiden. We all become good mates. We played two games every day. It was nerve racking before getting on the court but getting warmed up helped. The first game was against Central Coast. The score was 1-1, but then central coast scored in the last touch of the game to make it 2-1. We faced them again in the semi final and we won 5-3. We made it to the grand final! Sadly, we lost. But we still got second place in Australia. We got to go to dreamworld and went on stage to get our medals. We also went on some rides that were fast. We had a lot of fun.

Finn and Finley loved learning new skills. Finn learned that you can't slide outside of the box when you are goalkeeper. Finley thought it was so much fun having a holiday with his mates and thought the coach was awesome. Aengus loved that our surnames were printed on the back of our playing tops. This was pretty awesome. Ariya loved having the opportunity to play with her good friends from school and making new friends. Her favourite part was getting to play in a grand final. Ethan loved playing futsal with his friends and being away on holiday with his friends and family. Elijah was excited and proud to get selected into the under 8 Australian Futsal Allstars team, and his favourite part was sharing this experience with his friends.

We learned to never give up. That we should keep going, even when things are hard.

*By Elijah, Aengus, Finn, Finley, Ariya and Ethan (2B)*

## U-10 Boys Team

"I had such a wonderful futsal tournament in Brisbane. Thank you to everyone who gave Harry and I the opportunity to play in the 10 years old group. We had a very nice team that worked very well together. Our couch Jess was amazing and always gave us very good advice. Overall, I really enjoyed it. It was a great trip to Brisbane and it was a very exciting tournament for me.

*By Santiago 3P*





# A librarian's delight!

Keep your eye out for a SHORT STORY DISPENSER as you travel. This week in Library, I shared news about something I discovered on holidays!!

Our Short Story Dispensers are stand alone kiosks delivering fiction to the public, while breathing new life into the art of storytelling. They are a creative & innovative way to boost reading for fun, encourage creative idleness and improve waiting experience.

The Dispensers are connecting readers across countries and cultures by publishing contemporary short stories, free of charge, at the push of a button (1min, 3min, 5min reading times, by audience or language)

There are more than 300 Dispensers installed around the world from San Francisco to Melbourne, Hong-Kong, Paris, London and Philadelphia... and in total more than 5.6 million readers have enjoyed fiction on the fly, for free!

Short Édition partners around the world are curating local content to publish & showcase writers from their communities, on their Dispensers. Maybe the next great writer is in your town?

Universities, Public Libraries, Airports, Light-Rail, Transportation hubs, Retail Centers, Cafés, Hospitals, Schools...to offer a literary lift to their patrons, students, customers, patients and families to ignite community engagement.



# Screening Seminar

Berry Street are offering a free online parenting seminar to parents residing in Banyule, Nillumbik, Darebin, Whittlesea and Yarra.

Triple P: Managing Screenime.

## Managing Screenime Triple P Seminar:

This seminar is for parents that are concerned about their child's screenime that would like to learn strategies they can put in place to support the wellbeing of their child and family. For parents or caregivers of children aged from 6 to 14 years.

The topics covered in this seminar include:

- The Positives of Screenime
- Screenime Problems
- How much screenime?
- Parenting Strategies
- Building healthy habits
- Resources and support



**Date:** November 27th, 2023

**Time:** 10:30am - 12:00pm

### How to book:

To schedule an enrolment into the seminar, contact Georgia in the Triple P Team by emailing us at [triplep@berrystreet.org.au](mailto:triplep@berrystreet.org.au) with your full name and contact number.

**Enrolments must be completed by the 20<sup>th</sup> of November.**



**BERRY  
STREET**

Believing In  
Children,  
Young People,  
Families &  
Their Future.





# Fear Less Group

A free 6-session online supported parenting group  
for parents of children experiencing anxiety.

**Open to parents living in the Cities of Darebin, Yarra, Banyule, Nillumbik and Whittlesea.**

Fear-Less Triple P supports parents to learn new strategies for managing their child's anxiety. This program is for parents that are concerned about their child's anxiety that would like to learn strategies they can put in place to support the wellbeing of their child and the family.

Content is suited to parents or caregivers of children aged from 6 to 14 years.

The topics covered in this program include:

- Understanding how anxiety works,
- Becoming the best possible model of anxiety management for their children,
- Becoming effective emotion coaches,
- Understanding and teaching the value of flexible thinking,
- Managing their children's anxiety effectively, and
- Using constructive coping.

## How to make an enquiry:

Contact the Triple P team by emailing [triplep@berrystreet.org.au](mailto:triplep@berrystreet.org.au) with your *name* and *contact number* or call or text our intake worker Georgia on 0499 301 006 to enquire. Enquiries must be made by 5pm on 29<sup>th</sup> September 2023.

**Please note that capacity for the group may be reached prior to this date.**

## Dates:

Session 1: 17<sup>th</sup> October

Session 2: 24<sup>th</sup> October

Session 3: 31<sup>st</sup> October

**\*Week break\*: 7<sup>th</sup> November Public Holiday**

Session 4: 14<sup>th</sup> November

Session 5: 21<sup>st</sup> November

Session 6: 28<sup>th</sup> November

## Location:

Online via Zoom

## Time:

10:00am-11.30am each week



MINDFUL: CENTRE FOR TRAINING AND RESEARCH IN  
DEVELOPMENTAL HEALTH AT THE UNIVERSITY OF MELBOURNE



# FREE ONLINE 'TUNING IN TO KIDS' AND 'TUNING IN TO TODDLERS' GROUPS FOR PARENTS AND CARERS

*Evidence-based parenting programs*

**8 X 2 HOUR ONLINE SESSIONS  
FROM WEEK OF 23 OCT - 11 DEC**

For parents and carers of children aged 1-11 years.

Learn how to better connect with your child and to support their social and emotional development.

These programs will help you better understand and communicate with your child, and prevent anxiety and behaviour problems.



**[CLICK HERE FOR SESSION  
TIMES AND TO SIGN UP](#)**





# BIKETOBER BANYULE

THE NATIONAL BIKE CHALLENGE



## 1-31 OCTOBER 2023

A FUN CHALLENGE OPEN TO EVERYONE!



### WHO?

Everyone can take part, even if they haven't been on a bike for years!

### WHERE?

Anywhere, anytime throughout October

### HOW?

Sign up with your workplace and encourage your colleagues to ride. Watch your score increase and win prizes along the way!

## 5 KEY BENEFITS FOR YOUR WORKPLACE:



### HEALTHIER & HAPPIER STAFF

Healthier & happier workers = fewer sick days & increased productivity



### ENTIRELY VIRTUAL

An entirely free and virtual programme whether staff are working from home or the office full time, part time or casually



### SUPPORT MENTAL HEALTH

Staff can increase physical activity and improve their wellbeing while connecting with colleagues and friends online



### BE SUSTAINABLE

Contribute to lower carbon emissions, improved air quality, reduced noise pollution, and help ease congestion



### ENHANCE REPUTATION

Responsible leadership and safeguarding of employee health and wellbeing

Sign up at [lovetoride.net/banyule](https://lovetoride.net/banyule)



SUPPORTED BY

LOVE TO RIDE





**YARRA  
PLENTY  
WAVES**

# ENCOURAGEMENT SWIM MEET

**ALL ABILITIES  
SWIM MEET**

Able-bodied &  
MC mixed heats



**Sunday**

**22**

**October 2023**

**Herb Norman Pool**

25m Indoor Pool  
Liat Way Greensborough

**Warm Up at 12:30pm**

From our **Youngest Juniors** to our  
**Marvelous Masters**

**COME ON GIVE IT A GO!**

*Encouragement meet for both  
registered and unregistered swimmers*

*The meet is not a qualifying meet and correct  
swimming technique will not be strictly  
critiqued; it is meant to be fun and give  
swimmers a taste of competitive swimming.*

**ENTRY FEES**

**\$9.00**

**FREE RELAY  
RACES**

**REGISTRATION**

[yarraplentywaves.com.au/swimmeet](http://yarraplentywaves.com.au/swimmeet)



Catholic  
Ladies'  
College

# THRIVE

orientation  
program

**Have you heard about THRIVE?**

The great leap forward into Year 7 is a big transition.

**We believe transition is more than just one day.**

Our 6-week Orientation Program ensures a positive and confident experience for our Grade 6 students making the move from primary school into secondary school.

**Want to know more?**

Book in for upcoming College Tour

**APPLICATIONS FOR YEAR 7 2026 ARE NOW OPEN**

[www.clc.vic.edu.au](http://www.clc.vic.edu.au)

Have your  
say

Ring Road  
Completion

October 2023

## Urban Design and Landscape Plan public exhibition

Designs for the Ring Road Completion will be on public exhibition for comment from **Monday 9 October 2023** until **5pm Sunday 29 October 2023**.

### About the Ring Road Completion

We're completing the Ring Road with new lanes, up-to-date technology and express lanes to the North East Link Tunnels – passing through traffic under local roads from Greensborough to Watsonia and taking 19,000 cars and trucks a day off Greensborough Road.

We're also building new and upgraded walking and cycling paths, bridges and underpasses, upgrading open space, building new wetlands, and making improvements to local roads.

### About the Urban Design and Landscape Plan

The Urban Design and Landscape Plan (UDLP) for the Ring Road Completion will be on exhibition for public comment from **Monday 9 October 2023** until **5pm Sunday 29 October 2023**.

The plan includes designs for:

- Improved interchange designs at the Ring Road and Grimshaw Street with more space for trees and plants
- Upgraded walking and cycling bridges at Macorna Street, Watsonia North and at Nell Street, Watsonia and a wider, brighter underpass at Yando Street, Watsonia
- Two landscaped bridges at Elder Street and Watsonia Road for better connections to Watsonia Station and shops
- Upgraded open space at Trist Street Reserve with new wetlands
- Improvements to reinstate areas of AK Lines Reserve and Gabonia Avenue Reserve used to support construction
- New noise walls to meet a stringent project noise standard of 63 decibels during the day and 58 decibels at night – a first for a major road project in Victoria
- New cul-de-sacs for Thompson Street, Temby Street and Nepean Street, Watsonia to make space for new walking and cycling connections, trees, plants and noise walls.

The UDLP is a statutory requirement of North East Link's planning approval (NELP Incorporated Document 2019 – Clause 4.9). The UDLP is in accordance with the approved Urban Design Strategy for the project and complies with the Environmental Performance Requirements set for the North East Link Program.

Sign up for updates  
[northeastlink.vic.gov.au](http://northeastlink.vic.gov.au)





## Making a submission

You can see the UDLP online and make a submission from **Monday 9 October 2023** until **5pm Sunday 29 October 2023** at [engage.vic.gov.au/north-east-link](https://engage.vic.gov.au/north-east-link)

Visit a drop-in display, see a printed copy of the UDLP and talk with our team at:

### North East Link Watsonia Hub

17 Watsonia Road, Watsonia

### Regular opening hours:

Monday–Friday, 10am to 5pm

### Extended UDLP exhibition period hours:

Saturday 14 October, Saturday 21 October and Saturday 28 October,  
10am to 2pm

Printed copies of the UDLP are also available to view at local libraries and council offices.

Visit [engage.vic.gov.au/north-east-link](https://engage.vic.gov.au/north-east-link) for details.

We'll be using what we hear in submissions to update the UDLP before it is submitted to the Minister for Planning for approval.

If you have any questions about the UDLP or need help to access the plan or make a submission, please get in touch on **1800 105 105**.

Kind regards,

North East Link Program

---

[northeastlink.vic.gov.au](https://northeastlink.vic.gov.au)

1800 105 105 (call anytime)

[community@northeastlink.vic.gov.au](mailto:community@northeastlink.vic.gov.au)



For languages other than  
English please call 9209 0147

 @nelpvic



Australian Government



Please contact us if you would like this information in an accessible format.  
If you need assistance due to a hearing or speech impairment, visit [relayservice.gov.au](https://relayservice.gov.au)



# BLASTERS 2023/24

SUNDAY NOVEMBER 12TH - 9:00AM

2 DIFFERENT AGE GROUPS  
BLASTERS - AGES 5-7  
BLASTERS - AGES 8-10

FOR MORE INFORMATION

[JUNIORS@RIVERSIDECRICKETCLUB.COM.AU](mailto:JUNIORS@RIVERSIDECRICKETCLUB.COM.AU)